

WEEK ONE

Week Commencing: 16/04, 07/05, 04/06, 28/06, 16/07, 03/09, 24/09, 15/10.

MONDAY

Margherita BBQ Pizza Potato Salad, Sweetcorn Kernels
Tuscan Penne Pasta Bake Homemade Garlic Bread, Potato Salad
Jacket Potato with Toppings

Summer Fruit Muffin
Vanilla Custard

TUESDAY

Beef Burger Tomato Ketchup, Lightly Spiced Wedges, Baked Beans
Quorn Burger Tomato Ketchup, Lightly Spiced Wedges, Baked Beans
Jacket Potato with Toppings

Vanilla Ice Cream
Fruit Sauce

WEDNESDAY

'Southern Style' Chicken Herby Diced Potatoes, Whole Green Beans
Spinach, Potato & Tomato Frittata Herby Diced Potatoes
Whole Green Beans
Jacket Potato with Toppings

Melon & Pineapple

THURSDAY

Spaghetti Bolognese Homemade Garlic Bread, Carrot & Orange Salad
Filled Cannelloni Homemade Garlic Bread, Carrot & Orange Salad
Jacket Potato with Toppings

Lemon Drizzle Cake

FRIDAY

Crispy Coated Fillet of Fish Tomato Ketchup, Chunky Chips, Garden Peas
Cheese & Tomato Tart Chunky Chips, Garden Peas
Red Lentil & Sweet Potato Dhansak Basmati Rice

Peach Melba



**UNLIMITED SALAD
BAR & FRESH
DRINKING WATER**
Available Everyday

Proud to work with

UK SUPPLIERS



WEEK THREE

Week Commencing: 30/04, 21/05, 18/06, 09/07, 17/09, 08/10.

MONDAY

Margherita Pizza Penne Pasta, Peas & Sweetcorn
Leaky Mac 'n' Cheese Peas & Sweetcorn, Mixed Summer Leaves
Jacket Potato with Toppings

Magical Melon
Monday

TUESDAY

BBQ Jerk Chicken Fillet Rice 'n' Peas, Pineapple Coleslaw
Jamaican Patty Rice 'n' Peas, Pineapple Coleslaw
Jacket Potato with Toppings

'Deep Frozen'
Strawberry Yoghurt
Little Bear Cone

WEDNESDAY

Roast Turkey Crispy Roast Potatoes, Steamed Seasonal Vegetables
Shepherdess Pie Steamed Seasonal Vegetables
Jacket Potato with Toppings

Victoria
Sandwich Cake

THURSDAY

Pork & Thyme or Chicken & Thyme Meatballs
Red Pepper & Tomato Sauce, Short Spaghetti, Mixed Summer Salad
Butternut 'Lasagne' Garlic Bread, Mixed Summer Salad
Jacket Potato with Toppings

Chocolate Mousse
St Clements Cookie

FRIDAY

Crispy Coated Fillet of Fish Tomato Ketchup, Chunky Chips, Garden Peas
Homemade Spring Roll Sweet Chili Sauce, Chunky Chips, Garden Peas
Seaside Salmon Tomato Ketchup, Chunky Chips, Garden Peas

Dorset Apple Cake
Vanilla Custard



WEEK TWO

Week Commencing: 23/04, 14/05, 11/06, 02/07, 10/09, 01/10.

MONDAY

'Veggie' Hot Dog Crispy Onions, Chips, Crispy Coleslaw Salad
Penne Pasta Tomato & Basil Sauce, Crispy Coleslaw Salad
Jacket Potato with Toppings

Raspberry Ripple Roll

TUESDAY

Mild Beef Chilli Tortilla Chips, Steamed Rice, Sweetcorn Kernels
Mild Red Vegetable Chilli Tortilla Basket, Sweetcorn Kernels
Jacket Potato with Toppings

Mexican Milk Cake

WEDNESDAY

Chicken Neapolitan Penne Pasta, Green Beans, Homemade Garlic Bread
Summer Vegetable Risotto Homemade Garlic Bread,
Mixed Summer Salad
Jacket Potato with Toppings

Mandarin Orange
Fruit Jelly
Whipped Cream

THURSDAY

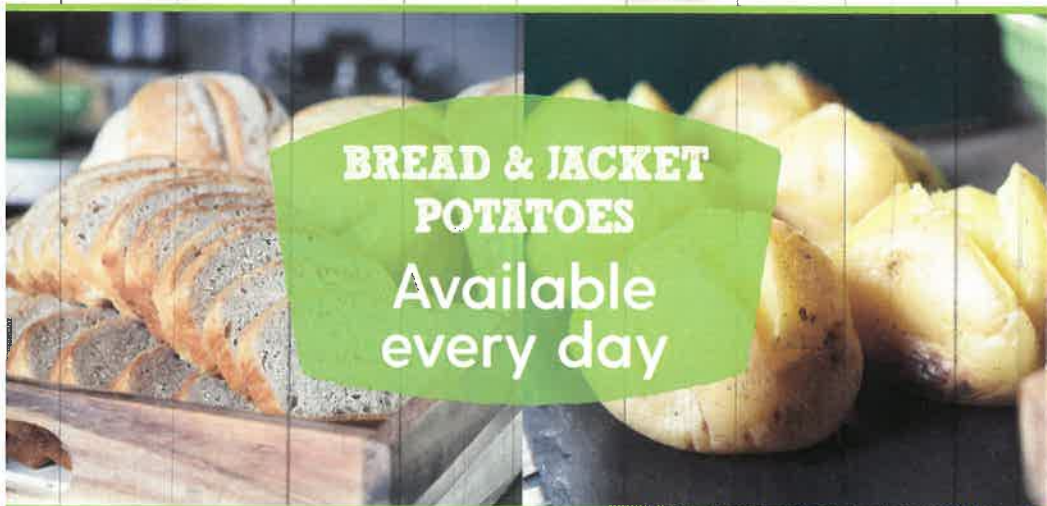
Pork Sausage Roll or Chicken Sausage Roll Monster Mash, Baked Beans
Vegetarian Sausage Roll Monster Mash, Baked Beans
Jacket Potato with Toppings

Apple Crumble
Vanilla Custard

FRIDAY

Fish Fingers Tomato Ketchup, Chunky Chips, Garden Peas
Cheddar Cheese & Potato Swirls Chunky Chips, Garden Peas
'The Friday Wrap'

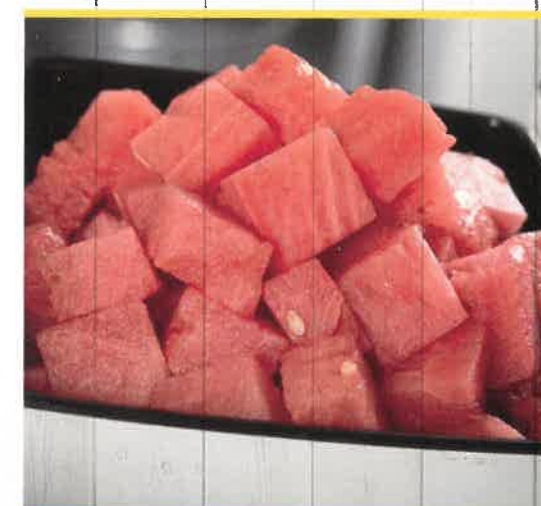
Seasonal Fresh
Fruit Salad



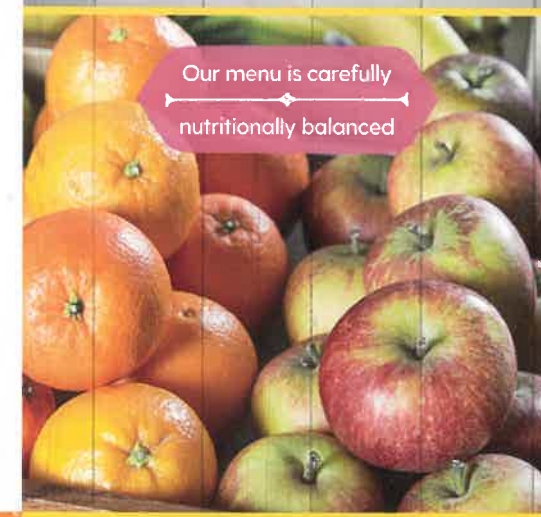
**BREAD & JACKET
POTATOES**
Available
every day



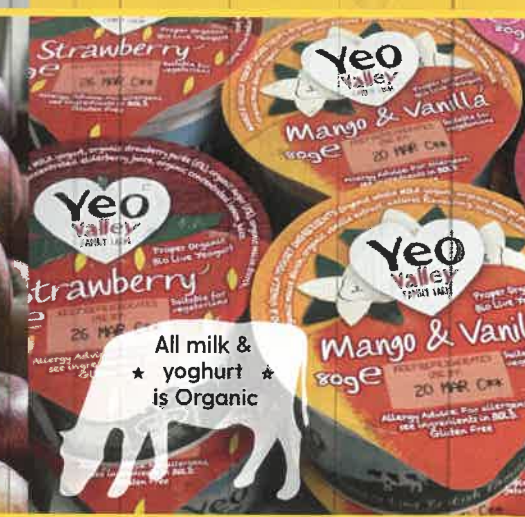
★
All meat & poultry is
UK sourced from higher
standard welfare
schemes



**FRESH FRUIT
& ORGANIC
YOGHURT**
Available
every day



Our menu is carefully
nutritionally balanced



All milk &
yoghurt
is Organic

Thoughtful food

Incito Education Catering are a 'Gold Food for Life Served Here' school meal provider the highest standard awarded by the Soil Association. This award recognises food quality, provenance & traceability providing you with reassurance that all of our meals served at your child's school are freshly prepared each day using ingredients which are ethically & sustainably sourced.



Great food starts with great ingredients...

Our food sourcing team have built long term relationships with our farmers and suppliers so that we really know and trust where our food comes from:

- ★ All meat & poultry is UK sourced from higher standard welfare schemes
- ★ All fish is responsibly & sustainably sourced
- ★ All eggs are from Free Range hens
- ★ All milk & yoghurt is Organic

We hold all 4 Good Animal Recognition Awards from Compassion in World Farming:



60%
of all our
desserts are
Sugar Smart

Join our team

Our people are an essential ingredient.
Why not join us?... contact
catering-services@gsplus.org

Allergen information – all our menus come with allergen charts and are provided to each school and kitchen – if you require a copy of this, please email us at: catering-services@gsplus.org

Specific dietary requirement? – please request a form from your school office, complete and return to your office and they will forward directly to us.



Join our
great!
team!

